

25TH ANNUAL

CLINICAL CARDIOLOGY PEARLS FOR PRIMARY CARE

Live Webinar - Friday - April 24, 2026



Sponsored By

DIVISION OF
CARDIOLOGY

UW Medicine
UNIVERSITY OF WASHINGTON
SCHOOL OF MEDICINE

/ DEPARTMENT OF CONTINUING
MEDICAL EDUCATION

TARGET AUDIENCE

This course is designed for primary care providers, including physicians, naturopathic physicians, nurses, nurse practitioners, pharmacists, physician associates, psychologists, and others interested in cardiology.

COURSE DESCRIPTION

This course is designed specifically for primary care providers and focuses on delivering practical and current insights into frequently encountered cardiovascular conditions. Expert faculty from the University of Washington School of Medicine will lead participants through interactive case-based lectures. The course will also cover practical considerations for using new anticoagulants and discuss the appropriate use of cardiovascular imaging during sessions on valvular disease, primary prevention, and chest pain evaluation with stress testing and coronary CT imaging.

ATTENDANCE POLICY

Course activities are exclusively reserved for course attendees.

FEES AND REGISTRATION

Register online: <https://uw.cloud-cme.com/mj2611>

Registration	Virtual
All Learners	\$200.00
*Resident/Fellow/Student	\$125.00
Non-Exhibiting Industry Professional	\$400.00

**Resident/Fellow/Student rates require written confirmation of current Resident/Fellow/Student status. Failure to provide current documentation will result in a higher rate applied to your registration.*

Starting April 10, 2026, registration costs will increase by \$25.00.

If you have not received confirmation prior to the course start, please contact the CME office at cme@uw.edu. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed.

Continuing Medical Education at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to cover transcripts of *AMA PRA Category 1 Credits™*, access to online instruction materials, course logistics, and staff salaries.

COURSE OBJECTIVES

- Assess treatment strategies and manage high blood pressure based on updated clinical practice guidelines from 2025 (ACC/AHA)
- Apply cholesterol guidelines and the latest clinical trial data of novel cholesterol treatments to the management of patients with cardiac risk factors and atherosclerotic vascular disease
- Classify patients with chest pain and order the appropriate stress and imaging tests for your patients based on current guidelines
- Provide patients with evidence-based prescriptions for diet and exercise to lower the risk of cardiovascular disease
- Evaluate and manage patients with valvular heart disease; identify which heart murmur patients should be referred for an echocardiogram and when patients should be referred for valve repair or replacements like angiotensin receptor-neprolysin inhibitors and SGLT2 inhibitors.
- Support and treat patients with palpitations, and understand the appropriate use of heart rhythm monitors and when to refer patients to cardiology
- Interpret and treat atrial fibrillation and learn how to use direct oral anticoagulants to reduce stroke risk from atrial fibrillation, and when to refer to a specialist to consider rhythm control with antiarrhythmics or catheter ablation or left atrial appendage occlusion
- Treat heart failure patients with the 4 pillars of guideline-directed medical therapy including novel treatments like angiotensin receptor-neprolysin inhibitors and SGLT2 inhibitors.
- Utilize novel diabetes drugs that have proven benefit in reducing cardiovascular events

ACCREDITATION

Accreditation: In support of improving patient care, The University of Washington School of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Credit Designation: The University of Washington School of Medicine designates this Live activity for a maximum of 7.25 AMA PRA *Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

The Office of Continuing Medical Education reserves the right to cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified through email and receive a full refund. The University of Washington is not responsible for any other costs incurred such as non-refundable airline tickets or hotel penalties.

Contact the CME Office with questions call 206.543.1050, fax 206.221.4525 or email cme@uw.edu.

SPECIAL SERVICES

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, gender identity, sexual orientation, age, marital status, disability, or status as a protected veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education, and employment for individuals with disabilities. To request disability accommodation in the application process, contact the department at 206.543.1050 or the Disability Services Office at least ten days in advance.

Disability Services Office
206.543.6450/Voice • 206.543.6452/TTY
206.685.7264/Fax • e-mail: dso@uw.edu



CANCELLATION POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by April 10, 2026.

A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued after April 10, 2026.

Course Co-Chairs



Alec Moorman, MD, FACC
Clinical Professor
Division of Cardiology
Section Head, General Cardiology
Physician, Eastside Specialty Center



Ruchi Kapoor, MD, PhD
Clinical Associate Professor
Division of Cardiology
UW Medical Center | Montlake
Physician, Eastside Specialty Center

UW Faculty



Marta Alhama-Belotto, MD
Clinical Associate Professor
Division of Cardiology
Director, Clinical Cardio-Oncology
Harborview Medical Center



Cooper Kersey, MD
Assistant Professor of Medicine
Division of Cardiology
Harborview Medical Center



Alaa Ayyoub, MD
Clinical Assistant Professor
Division of Cardiology
UW Heart Institute



Iniya Rajendran, MBBS, MPH
Clinical Assistant Professor of
Medicine
Division of Cardiology
UW Heart Institute



Uyanga Batnyam, MD
Assistant Professor of Medicine
Division of Cardiology
UW Heart Institute



Mrinal Yadava, MD
Assistant Professor of Medicine
Division of Cardiology
Harborview Medical Center

Course Agenda

Friday - April 24, 2026

All time are in Pacific Standard Time (PST)

8:00 AM	Welcome and Introduction <i>Alec Moorman, MD</i>
8:05 AM	Prevention Pearls <i>Alec Moorman, MD, FACC</i>
8:55 AM	Palpitations <i>Ruchi Kapoor, MD, PhD</i>
9:45 AM	BREAK
10:00 AM	Contemporary Cholesterol Management <i>Iniya Rajendran, MBBS, MPH</i>
10:50 AM	Evaluation of Murmurs <i>Mrinal Yadava, MD</i>
11:40 AM	LUNCH
12:40 PM	Atrial Fibrillation Essentials <i>Uyanga Batnyam, MD</i>
1:30 PM	Hypertension Guidelines Update <i>Alaa Ayyoub, MD</i>
2:20 PM	BREAK
2:35 PM	Heart Failure for Primary Care <i>Cooper Kersey, MD</i>
3:25 PM	Evaluation of Chest Pain <i>Marta Alhama-Belotto, MD</i>
4:15 PM	Q&A Review Session <i>Alec Moorman, MD, FACC & Ruchi Kapoor, MD, PhD</i>
4:45 PM	ADJOURN

